

# Unlocking Memories: Memory Book Workshop for Dementia

*Preserve Precious Memories  
and Cherish Every Moment*

Join us for a heartwarming and therapeutic Memory Book Workshop designed for individuals living with dementia and their caregivers. This workshop offers a unique opportunity to create personalized memory books, capturing cherished moments and stories to treasure forever.

## Benefits

Preservation of Memories: Memory books serve as a tangible and accessible way to preserve memories for individuals living with dementia. These books capture personal stories, experiences, and significant events, helping to retain a sense of identity and personal history. Additionally, other benefits encompass:

- Stimulation of Cognitive Abilities
- Emotional Well-being
- Enhanced Communications
- Person-Centered Care
- Empowerment and Autonomy
- Legacy Building



**BOOK NOW!**



Call Now  
**203-798-6930**



Email us  
**[request@ctnursingservices.com](mailto:request@ctnursingservices.com)**